

Floor Anchor

The floor anchor refers to the idea of placing so-called anchors on the floor that represent the four different steps of nonviolent communication: observation, feeling, need, request. The children can then literally follow each step by moving from one anchor to the other, or in other words, from one step to the other. The floor anchor therefore is an addition to the steps presented in the poster “Solving Conflicts”. Later on, the floor anchor can be used independently from the poster.

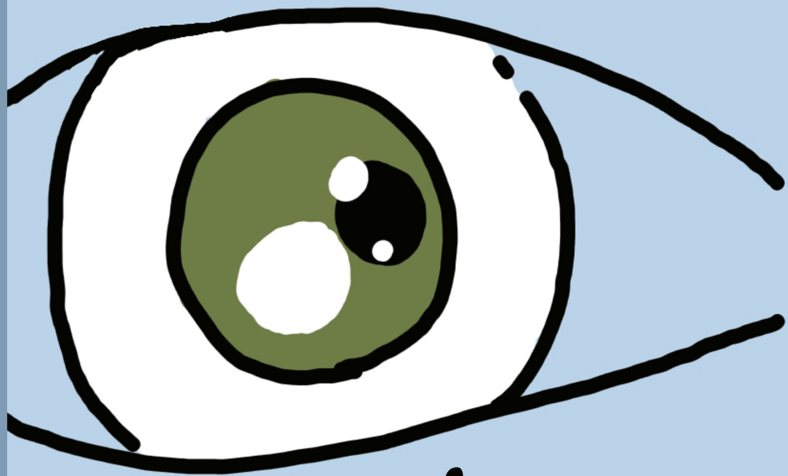
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With the support of the
Erasmus+ Programme
of the European Union

The creation of these resources has been (partially) funded by the ERASMUS+ grant program of the European Union under grant no. 2019-1-DE01-KA203-005003.

Neither the European Commission nor the project's national funding agency, the German Academic Exchange Service (DAAD) are responsible for the content or liable for any losses or damage resulting of the use of these resources.



observation



needs

request!