




SOCIO-EMOTIONAL SKILLS FOR DEMOCRACY

Activities - Gratitude

The Wall of Gratitude

 **Objective:** to express gratitude

 **Duration:** 15 to 30 minutes

 **Pre-requisites:** none

 **Organization:** in large or small groups

Materials:

internet access to a padlet on which all educational actors who wish to do so are invited to share their gratitude. If this option is not possible, you can design and organize a gratitude wall in the lobby of your school or classroom.

Procedure

The concept of gratitude can be introduced with a riddle, a hangman, a moment of gratitude (you thank your students for...).

You invite those who wish to do so to express their gratitude(s) through a photo, a text, a poem, a song, a phrase, a word, a drawing, etc. You then invite them to share them with others.

Then, you invite them to share on the virtual or real wall.

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