





### SOCIO-EMOTIONAL SKILLS FOR DEMOCRACY

**Activities - Growth mindset** 

#### The Mindset cocottes

- Objective: to develop kindness, benevolence and altruism
- Ouration: 10 to 15 minutes

Pre-requisites: none

Organization: in groups or alone

#### **Materials:**

Print the PDF bellow

### **Procedure**

Each student cuts and folds the cocotte according to the following folds:

















The student can then, with one or more people, play with the cocotte and answer the questions. The child chooses a number, the other child opens and closes the cocotte following the number, and then reads the question on the cocotte.











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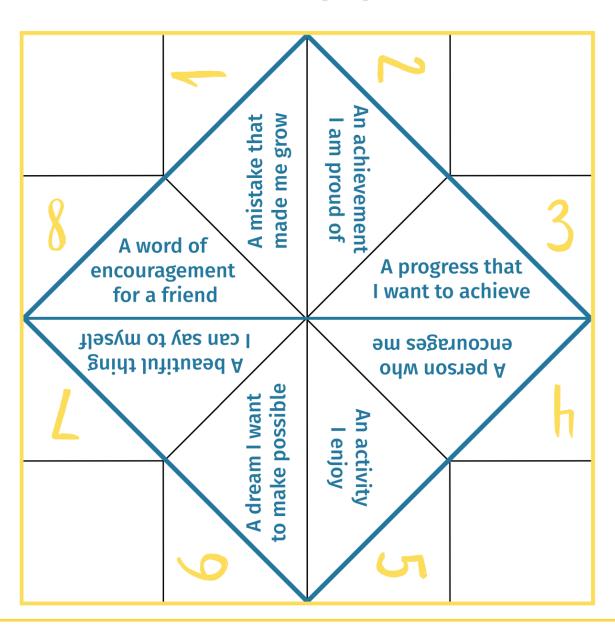
**Activities - Growth mindset** 



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# THE MINDSET COCOTTE

### A tool for cultivating a growth mindset



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